

Booking Form

Name.....

Address:.....

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Tel. No. (please include)

Email

I would like to make a booking for a Retreat:
Retreat Name:

.....
.....

Please send me a copy of :

Give yourself a retreat on Holy Island

The Story of Holy Island

The Holy Island of Lindisfarne

Introducing the Community of Aidan & Hilda

Walking the Pilgrim's Way

(Please make cheques payable to
St Aidan Press for books)

Please send completed form to:

Open Gate, Marygate, Holy Island,
Berwick-upon-Tweed, TD15 2SD

Personal Retreats Menu

There may be an opportunity to meet one to one with a retreat guide but unless this is pre-arranged it cannot be guaranteed.

An Introductory Holy Island Retreat: a first session to map out a plan, a final session to reflect back (IHIR)

Individually Guided Retreat (IGR): a daily time of listening, sharing and prayer. (approx. 30 minutes per day)

Study: use our library and internet facility - no charge

Silence: we will advise those who wish for extended times of silence. Meals can also be taken on a tray.

DIY: order our 'Give Yourself a Holy Island Retreat' at £5.99 inclusive of post and packing (St. Aidan Press)

Cost: Suggested donation to the guide £15 per hour.
(or may be the amount you earn per hour)

General Information about Programmed Retreats

Programmed retreats cost between £25 and £50 per night stayed plus the usual bed and breakfast charge. This additional charge covers the costs of lunch, evening meal and other drinks plus a contribution to the retreat leader(s) costs, including their travel, handouts, creative materials and programmed trips out.

Retreats include biblical and Celtic meditations, times of silence and opportunities to explore the island. Personal sessions available by request.

All the events are in the framework of the Holy Island rhythm with its optional morning and evening services at St Mary's Church and weekday midday and night prayer in the Open Gate Chapel.

Video viewing facilities are provided free in the lounge.

No smoking is allowed in the house or on our patio.

The Open Gate Retreat Programme 2012



The Open Gate, Holy Island,
Berwick-upon-Tweed,
TD15 2SD

Tel: 01289 389222

Email: opengate@aidanandhilda.org.uk
Website: www.aidanandhilda.org

Registered Charity 1055306

Retreats Programme 2012

To calculate the total cost of a retreat please take the cost of the B&B (listed on the next page), multiply it by the number of nights of your stay and then add the retreat cost listed below. The latter includes the cost of all other meals, teas and coffees, the retreat leader's fee and any other costs.

February

10-12 'Discerning God'. A Pre-Lenten Ignation Retreat.

Rev Margaret Deimel & Dr Ruth Booth £90

March

9-12 'Encouraging the Anamcara'. An introductory training for Soul Friends led by members of the Community of Aidan & Hilda £90

26-30 'Explorations in Personality & Prayer'. An introduction to the Enneagram and its usefulness in spirituality and daily life. Dorothy Neilson £180

April

5-9 'Easter Retreat'. Join with the rhythm of prayer on Holy Island for either the whole of Holy Week or just from Maundy Thursday to Easter Monday.

£120 or £200 depending on duration

May

7-11 'Ancient Faith: Future Mission'. A Study Week on Celtic Christianity that helps to reconnect with creation, the streets and monastic disciplines. Rev Ray Simpson £120

May-June

28-2 'Celebrating Saints and Seabirds'. Visit Holy Island, The Farnes, St. Abbs Head and more, a relaxed Celtic exploration of the beauty and spirituality of this wonderful part of the world.

Paul Swinhoe & Carol Few £180

July

16-20 'Exploring Pilgrimage' with Mary Fleeson of Lindisfarne Scriptorium £180

July-August

30-3 'Exploring the Spirituality of Julian of Norwich'.

Gill Peake £150

August

13-17 'Creative Journaling'. Using creativity: art, poetry, calligraphy, photography and the inspiration and beauty of the island to help you reflect and pray. Mary Fleeson of Lindisfarne Scriptorium £180

October

1-5 'Celtic Wisdom: how we can become a land of saints and scholars again'. Rev Ray Simpson £120

5-7 'Depression'. A gentle and thoughtful exploration of personal experiences of depression with an emphasis on sharing strategies that lead towards greater wholeness. Dorothy Neilson, life-coach and Enneagram specialist & Dr Ruth Booth, spiritual director and G.P. £100

15-20 'Migrations, Meanderings and Meditations'. Explore Holy Island in this beautiful and unpredictable season and let God speak to you through the wonders of creation. Rev Graham Booth, Carol Few and Paul Swinhoe £180

November

9-12 'Encouraging the Anamcara'. As in March £90

December

3-7 'Prepare your Hearts'. An Advent Retreat giving you time to watch and wait for the coming of Christ. Dorothy and Rev Peter Neilson £180

Accommodation Costs

Accommodation at The Open Gate now includes 2 twin and one double room with en-suite facilities on the first floor plus one large bedsit with a double bed and two small single rooms on the top floor which share a bathroom. We usually let these rooms for a minimum of two nights. (Shalom Cottage is no longer available to let)

Twin or double room with en-suite (2 people) £70

Single occupancy of the above £45

Large top-floor bed-sit £55 single occ., £80 for double

Small single rooms on top floor £35 (shared bathroom)

(All prices include an extensive buffet style continental breakfast)

For more detailed information about the Open Gate Programme, or to book a stay there, please either:

return the form (on reverse)

or email: opengate@aidanandhilda.org.uk

or telephone: 01289 389222

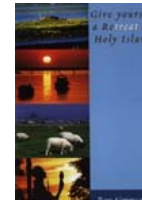
(If the answer phone is on please leave your name and number - we **will** contact you!)

After checking availability please secure your booking by sending a deposit. Recommended level £20 per person per night plus £25 where a 'retreat fee' applies.

(Cheques made payable to 'The Open Gate')

Useful Literature

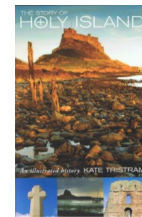
Below are a few recommended books related to Retreats and the Community of Aidan and Hilda which you can order from St Aidan press (form on reverse).



Give yourself a Retreat on Holy Island

This book enables anyone to plan and enjoy their own retreat on Holy Island. From its 'a la carte' menu the reader may choose places to explore, themes to meditate on, things to do and words to pray.

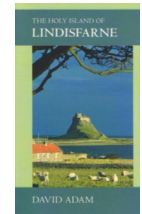
Price £5.99 From St Aidan Press



The Story of Holy Island

Kate Tristram, a historian and an Island resident, tells the remarkable story of this captivating place and its people from its misty beginnings as part of the mainland in the Stone Age, right up to the present day.

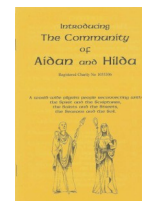
Price £13.99 From St Aidan Press



The Holy Island of Lindisfarne

In this absorbing volume, David Adam shows the island's human face, revealing how Lindisfarne and its people have responded to trial, tribulation and triumph in the course of a long and vibrant history.

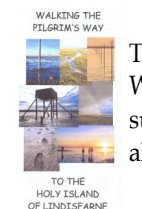
Price £8.99 From St Aidan Press



Introducing the Community of Aidan and Hilda

An introductory booklet designed to answer your questions about what the Community of Aidan & Hilda is.

£3.50 From St. Aidan Press



Walking the Pilgrim's Way

This pamphlet is a guide to walking the Pilgrim's Way to Holy Island, with practical tips and suggestions for meditation, thought and prayer along the way.

Price 50p From St Aidan Press

All Prices inclusive of P&P